## CHAPEL HAVEN SCHLEIFER CENTER

## REACH IN-PERSON REC CALENDAR

## FOR THE MONTH OF: NOVEMBER 2020

Activity #	<u>Date</u>	<u>Activity</u>	<u>From</u>	<u>To</u>	<u>Ticket</u> <u>Fee</u>	<u>Notes</u>
R#1	November 2nd	Mindfulness Monday Join your friends for some meditation & set some goals for this month. How can you be mindful to keep them?	7PM	8PM		
RS#2	November 3rd	Read Aloud Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
R#3	November 4th	Wise Wednesday Join your friends to learn all about movies. Snack provided	7PM	8PM		
R#4	November 5th	Hangman Join your friends to play a fun game of hangman. Snack provided	7PM	8PM		
RS#5	November 6th	Karaoke Join your friends & sing your favorite 90's song. Snack provided	7PM	9PM		Activity in Outreach, all clients MUST wear a mask
R#6	November 7th	Saturday Steps Join your friends to participate in a fun obstacle course around campus. Bring your own water bottle, snack provided	10AM	12PM		
R#7	November 7th	Afternoon in Edgewood Park Join your friends for a fun afternoon of games in the park. Bring your own water bottle, snack provided	1PM	3PM		
R#8	November 8th	Walk Westville Lace up your sneakers for a morning walk around Westville with your friends. Bring your own water bottle, snack provided	10AM	12PM		

R#9	November 8th	Lawn Games Join your friends for an afternoon of lawn games like giant jenga, corn hole & more. Bring your own water bottle, snack provided	1PM	3PM		
R#10	November 9th	Mindfulness Monday Join your friends for some meditation & learn to be mindful of habits. Good vs. Bad	7PM	8PM		
RS#11	November 10th	Read Aloud Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
R#12	November 11th	Wise Wednesday Join your friends to learn all about technology equiette	7PM	8PM		
R#13	November 12th	Arts & Crafts Join your friends to get crafty & decorate your mask. Bring your own water bottle, snack provided	7PM	8PM		
RS#14	November 13th	MASKquerade Join your friends with your newly decorated mask for a night of dancing	7PM	9PM		Activity in Outreach, all clients MUST wear a mask
R#15	November 14th	Hike at Lake Wintergreen Go for a morning hike with your friends. Wear sneakers & bring your own water bottle. Eat lunch after, snack provided	10AM	12PM		
R#16	November 14th	Board Games Join your friends for an afternoon of board games. Bring your own water bottle, snack provided	3PM	5PM		
R#17	November 15th	Morning Stroll & Brunch to go Go for a morning stroll with your friends & get brunch to go from Lena's Café	10AM	12PM	\$12	
R#18	November 15th	Magic of Disney's Animal Kingodm Join your friends for an afternoon in Disney's Animal Kingdom. Bring your own water bottle, snack provided	3PM	5PM		

R#19	November 16th	Mindfulness Monday Join your friends for some meditation & learn to be mindful of sleep. Do you get enough sleep? What are some ways to get a better nights sleep? Bring your own water bottle, snack provided	7PM	8PM		
RS#20	November 17th	Read Aloud Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
R#21	November 18th	Wise Wednesday Join your friends to learn all about animals. Bring your own water bottle, snack provided	7PM	8PM		
R#22	November 19th	Charades  Join your friends for a fun night of playing charades. Bring your own water bottle, snack provided	7PM	8PM		
RS#23	November 20th	Movie + Take Out Night Join your friends for dinner from a local spot & watch Dr. Seuss's "The Cat in the Hat" Bring your own water bottle	5:30PM	9:30PM	\$15	Activity in Outreach, all clients MUST wear a mask
R#24	November 21st	MEW Haven Cat Café Join your friends & the furry felines for a morning playdate. Bring your own water bottle, snack provided	10:45AM	12PM	\$20	
R#25	November 21st	Arts & Crafts Join your friends to get crafty. Bring your own water bottle, snack provided	3РМ	5PM		
R#26	November 22nd	Hike at West Rock Go for an afternoon hike with your friends. Bring your own water bottle, snack provided	1PM	3PM		
R#27	November 22nd	Minute to Win It Join your friends for some fun games. Challenge yourself to complete them in a minute. Bring your own water bottle, snack provided	7PM	8PM		

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R#28	November 23rd	Mindfulness Monday Join your friends for some meditation & to learn more about gratitude. Bring a water bottle, snack provided	7PM	8PM	
RS#29	November 24th	Read Aloud Listen to "The Fault in Our Stars". Snack provided	7PM	8PM	Activity in Outreach, all clients MUST wear a mask
R#30	November 25th	Wise Wednesday Join your friends to learn more about music. Bring your own water bottle, snack provided	7PM	8PM	
RS#31	November 27th	Open Mic Night Join your friends for a night of performances. Sing a song, do a dance, play an instrument, the mic is yours. Bring your own water bottle, snack provided	7PM	9PM	Activity in Outreach, all clients MUST wear a mask
R#32	November 28th	Rise & Shine Yoga Start your day off right with a morning session of yoga. Bring your own water bottle, fresh fruit snack provided	10AM	12PM	If you have your own yoga mat, please bring it
R#33	November 28th	Bingo Join your friends for an afternoon of Bingo. Prizes awarded. Bring your own water bottle, snack provided	3PM	5PM	
R#34	November 29th	Sunday Snacks Join your friends to learn how to make overnight oats. Bring your own water bottle	10AM	12PM	
R#35	November 29th	SOCT FIT  Join your friends to learn easy at home work outs & get motivated from other SOCT athletes	3PM	4PM	
R#36	November 30th	Mindfulness Monday Join your friends for some meditation & conversation about stress. Bring your own water bottle, snack provided	7PM	8PM	